

HFA Atrial Disease Workshop

Focus on Atrial Fibrillation_Heart Failure co-treatment

A joint Initiative of HFA Committees on Co-morbidities, the Translational Research Committee, the Committee on Surveys, Registries and Epidemiology, Committee of HFpEF and the Committee on Cardiomyopathies of the Heart Failure Association.

Date: 24-25 April 2018 - Lunch to lunch

Location: Zürich - Romantik Seehotel Sonne - Seestrasse 120 - 8700 Küsnacht am Zürichsee,

Zürich Switzerland

Coordinators: Andrew Coats, Frank Ruschitzka, Lars Lund, Rudolf de Boer and Stephane Heymans.

Participants:

Coordinators: Andrew Coats (UK), Frank Ruschitzka (CH), Lars Lund (SW), Rudolf de Boer (NL), Stephane Heymans (NL).

Stefan **Anker** (DE) Alexander **Lyon** (UK)

Johannes Backs (DE) Jan Steffel (CH)

Johann Bauersachs (DE) Aristomenis Manouras (SE)

Jelena **Celutkiene** (LT) Davor **Milicic** (CR)

John Cleland (UK) Christian Müller (CH)
Dobromir Dobrev (DE) Marija Polovina (RS)

Gerasimos Filippatos (GR) Giuseppe Rosano (UK/IT)

Gerhard **Hindricks** (DE) Petar **Seferovic** (RS)

Ewa **Jankowska** (PL) Carsten **Tschöpe** (DE)

Dipak Kotecha (UK) Isabelle Van Gelder (NL)

Mitja Lainscak (SI) Linda Van Laake (NL)

Celine **Linde** (SE) Rolf **Wachter** (DE) Ida Gjervold **Lunde** (NO)

Medical writer – Dimitrios Farmakis (GR)





Day 1, Tuesday April 24th 2018

Chairman of the Meeting: Frank Ruschitzka

14.00 – 14.05 Welcome on behalf of the HFA F. Ruschitzka (CH) 14:05 – 14:10 Welcome from our EHRA Colleagues G. Hindricks (DE)

14.10 – 14.20 Introduction and aims A. Coats (UK) S. Heymans (NL)

Background: atrial fibrillation and heart failure

Chairperson G. Rosano (UK), S. Heymans (NL)

14:20 – 14:35 Epidemiology (Common risk factors, prognosis) D. Kotecha (UK)

14:35 – 14:50 Overview of common basic mechanisms: differences

between atria and ventricles. D. Dobrev (DE)

14:50 – 15:05 Lone AF does not exists I. Van Gelder (NL)

15:05 – 15:20 Discussion

Discussants (without additional presentation)

L. Lund (SE), A. Coats (UK)

Basic mechanisms

Chairpersons J. Bauersachs (DE), L. Van Laake (NL)

15:20 – 15:40 Imaging of the left Atrium

J. Celutkiene (LT)
15:40 – 15:50 Atrial remodeling and fibrosis – lessons from ALDO-DHF
15:50 – 16:00 Atrial remodeling and LA strain – lessons from KaRen

A. Manouras (SE)

16:00 - 16:20 Discussion

Discussants (without additional presentation) I. Lunde (NO), J. Backs (DE)

16:20 - 16:50 Coffee break

Upstream therapy of AF and HF

Chairperson G. Hindricks, A. Coats

16:50 – 17:05 Basic Mechanisms: how existing drugs would work? C. Tschöpe

17:05 – 17:20 Clinical studies: rhythm or rate control?

17:20 – 17:35 Clinical studies: pace or ablate

I. Van Gelder (NL)

G. Hindricks (DE)

17:35 - 17:50 Discussion

Discussant (leading the discussion without additional presentation) Christian Müller (CH)

Discussion: Other anti-fibrotics?

Other pleiotrophic effects of AA? Inflammation? Endothelial? Need for new clinical trials co-treatment AF HF with AA?

17:50 – 18:20 General discussion, focusing on the following questions:

- 1. Is there any such thing as a separate combined AF-HF phenotype?
- 2. Which are the common mechanisms of atrial fibrillation and heart failure?
- 3. Anything such as co-treatment of AF and HF(PEF)?
- 4. What can we learn from the AF ablation trials in HFrEF?
- 5. Which drugs were successful for treating both HF and AF?
- 6. Future: separate drugs versus AF HF co-treatments?

Dinner at 19:30 at the hotel restaurant.





Day 2, Wednesday 25th of April

Oral anti-coagulants (NOACs) in AF (hypercoagulability)

Chairpersons J. Backs (DE), E. Jankowska (PL)

08:30 – 08:50 Sources and Mechanisms of stroke in AF J. Steffel (CH) 08:50 – 09:10 NOAC's clinical studies: HF outcome G. Rosano (UK)

09:10 - 09:40 Discussion

Discussants (without additional presentation) G. Rosano (IT/UK)

Marija Polovina (RS)

Treatment of atrial myopathy

Chairpersons R. De Boer (NL), A. Coats (UK)

09:40 – 10:00 Atrial myopathy in the absence of AF: treatment? C. Tschöpe (DE) 10:00 – 10:20 Atrial myopathy in the presence of AF: treatment? John Cleland (UK)

10:20 - 10:40 Discussion

Discussants (without additional presentation)

Jelena Celutkiene (LT)

Mitja Lainscak (SI)

10:40 - 11:10 Coffee break

Future research to better treat AF and HF together

Chaipersons A. Coats (UK), G. Filippatos (GR)

11:10 – 11:30 Basic research perspectiveR. de Boer (NL)11:30 – 11.50 HFA trialist perspectiveS. Anker (DE)11:50 – 12.10 EHRA trialist perspectiveG. Hindricks (DE)

12:00 – 12:30 General discussion, covering the following topics:

- 1. Which drugs were failures, which ones look promising?
- 2. What is special about specific drugs?
- 3. How can drug discovery targeting diabetes and metabolic diseases help in finding cures for AF_heart failure treatment?
- 4. Which research aims would we set out for the next 5-10 years, both clinically and basic/mechanistically?
- 5. Could the creation of inter-therapy working groups help?

Lunch (12:30) - adjourn

